Issue 40

Tenants Aloud News



Breaking News For Hansel Supported Living Services







A few words from Janette...



Hi everyone, it's summertime already, how quickly has this year gone!!

I hope you all have lots of fun and exciting things planned over the coming months, and are looking forward to our day trip to Stirling in July.

Before we know it, we'll be into August and Music on the Green. This year's theme is "disco" so get your tickets and outfits organised. Let's all pray to the weather gods that the sun will be shining for us!

I am looking forward to seeing you all at the summer ball.....tonight!!!











Heather enjoyed a fantastic day out at Heads of Ayr Farm Park with her support worker, where she also managed to feed the goats, and have some ice cream afterwards.

Come and join

THE MUSIC MAKERS

Join friends for an afternoon of:

Music Therapy
Trying different instruments and learning how to play them and more...

Every Tuesday 1.30pm-2.30pm Baird Centre, Hansel



MEADOWVIEW Summer Garden

Amy, Nicola, Amanda and Martin have been working hard to transform the garden at Meadowview. They are just awaiting a bird bath which was kindly donated by The Range in Kilmarnock to finalise their project.



























Catherine cycled to Ayr and back and is doing well at Slimming World!

Mum and I at "ELO Again" at the Gaiety on Friday night.

We had an a wesometime!

By Jill











Duncan and I went on a Mystery Tour with the "Things Tae Dae Club". We first went to Amazonia at Strathclyde Park, then to Helix Park and the Kelpies at Grangemouth and finally we stopped at Dalmeny Park Hotel for our dinner.

By Jill



Duncan volunteered to pick litter with the "Things Tae Dae" group.

HAPPY BIRTHDAY

Douglas celebrated his birthday at CentreStage where staff sang happy birthday and played Living on a Prayer by Bon Jovi for him. He then met his brother Calum at the Carlton hotel for a birthday dinner. Douglas got presents of new t shirts, new jigsaws and a birthday cake with the Red Arrows on it.











Fiona visited Northfield Park and left Easter stones that she had decorated and also went to see the swans.





Here are photos of me at Ayr County
Show. I enjoyed the day. I also met
Cammy Wilson from The Sheep Game,
Landward and This Farming Life!
By Jill

I went to see Olly Murs in concert. Blue were the support act, I love

them! Unfortunately, Olly had to cancel after just 6 songs because he had a throat infection.

By Jill











& Short Break Ideas

For more information on these and many more shortbreaks, please get in touch with Loch Lomond Travel:

Tel: 0141 487 6737 Fmail: hello@lochlomondtravel.com

www.lochlomondtravel.com









Price £149.00

What's Included:

- Coach travel with reserved seating
- One night, dinner, bed & breakfast staying at The Kegworth Hotel, Derby
- Entry into Alton Towers both Saturday and Sunday



Price from £299.00

What's Included:

- Coach travel with reserved seating
- Four nights dinner, bed and breakfast at Britannia International Hotel, Canary Wharf (Please note this hotel now operates a cashless system)
- An excursion to Central London
 A visit to Greenwich
- A free day to enjoy London

Harry Potter Studio Tour



Price from £179

What's Included:

- Return coach travel with reserved seating
 One night dinner bed & breakfast at The Hampton by Hilton, High Wycombe
- Visit to Harry Potter Studio Tour





What's Included:



- Return coach travel with reserved seating Return sailings from Cairnryan to Belfast with Stena Line • Two nights bed & breakfast at the Holiday Inn Belfast City Centre • Admission to Titanic Experience
- Free time to enjoy Belfast

Yorkshire Steam Cream Tea



Price from £289.00

What's Included:

- Return coach travel with reserved seating
 Four nights dinner, bed and breakfast at the Britannia Leeds, Bradford Hotel (Includes 2 for 1 bar for three hours each evening on selected beers, wines, spirits and soft drinks) Please note this hotel now operates a cashless system.
- A visit to Harrogate Return journey onboard the East Lancashire Railway steam train from Bury to Rawtenstall, including cream tea onboard • Excursion to York

PLEASE NOTE:

WHEN BOOKING ONLINE, PLEASE ENSURE YOU INCLUDE FULL PASSENGER NAMES MATCHING THEIR PHOTO ID. PHOTOGRAPHIC ID REQUIRED

Everyone had a great time recently on a Mystery Day Trip to Loch Lomond Shores, Luss and Helensburgh with Loch Lomond Travel. As you can see the weather was fantastic!

































































Here are some photos of Louise and I at the Margaret Bunten School of Dance shows at St Joseph's Academy in Kilmarnock. We have taken part in six shows and are doing really well!

By Jill











Karaoke & Lunch at Mulligans











STAFF NEWS





CONGRATULATIONS!



***hansel**

Happy Hansel-versary to Janette and Anne! Congratulations on over 35 years and 26 years service respectively.



welcome

We would like to welcome all new team members to the service.







Saturday 12th July

High Tea and entertainment at The King Robert Hotel, Stirling Free time to enjoy Stirling





If you require further information or would like to book any events, please contact the HSLS office.

GLASGOW

Theatre Trips

Please note: there is only 1 wheelchair space available for each of the following events.



Thursday 18th September £65.00pp Inc. Dinner at The Tudor



Thursday 4th December £65.00pp Inc. Dinner at the Dalmeny Hotel



11th September







Pink emonade Recipe

Ingredients

8 lemons plus extra slices to serve 200g caster sugar plus extra to taste 140g raspberries plus extra to serve Ice

Method

1. Pare the zest from the lemons with a peeler, removing as little white pith as possible - cut away any pith you can from the strips. 2. Juice the lemons and mix the juice, zest, sugar and raspberries with 1.2 litres of boiling water and let cool. 3. Sieve, pressing through juice with the back of a spoon. 4. Add sugar to taste and chill in jugs.

To serve, add a few lemon slices, raspberries and lots of ice.

Beattle CLC



Jenny enjoyed a day out in Glasgow at Craft Pottery followed by a visit to Golf Fang.











Andrew attended an ABBA tribute night at Carlton with his friends Anne-Marie and Fiona.







Volunfeering...

Ryan volunteers at Whiteleys Retreat every Friday. He helps out the maintenance team with weeding, filling bird feeders and other jobs around the grounds.









HAPPY BIRTHDAY







lan took part in the Kilt Walk on the 27th of April. He completed three miles and raised over £100 for a local community.

Congratulations!



Katie celebrating her last day at college!











































Notice Board



Tenants Aloud **Meetings**

Tenants Aloud meetings will take place from 1.30pm-3pm in Lindy's at Hansel.

Come along and catch up with friends.

£4.00pp (includes a refreshment and cake)

> Friday 27th June 25th July 29th August 26th September 28th November





We want to hear from you!

Remember it's YOUR newsletter so, if you have any ideas, news, stories, photos, quizzes etc for future articles or features, please get in touch with Anne Campbell.

YOUR VOICE MATTERS



We are always on the lookout for raffle prizes for our events. If you can help, please contact the HSLS office or Anne Campbell. (no toiletries please)