Resources Guide
Tackling Learning Disability Hate Crime Group (Scotland)
June 2016
Booklets

SCLD have produced two Booklets on Disability Hate Crime. The first is aimed at people with learning disabilities ‘Disability Hate Crime – What to do Guide for people with a learning disability”. It describes what Disability Hate Crime is and what you can do about it. It also describes how to keep yourself safe and gives information about organisations who can help.

The second is for professionals “Disability Hate Crime – Professionals Guide – Guidance for anyone working with people with Learning Disabilities. This is a toolkit for support providers, local agencies and other professionals involved with people with learning disabilities to offer guidance about facilitating discussion regarding disability hate crime, including how to tackle it and making a report. This guidance should be used with the ‘Disability Hate Crime – What to do guide for people with a learning disability’ as part of a toolkit to help people with learning disabilities, and their supporters, to understand what hate crime is and how it should be reported. Both can be accessed via the SCLD website.

ARC UK have produced three booklets about Mate Crime.

‘Friend or Fake?’ is a basic guide to mate crime aimed at people with learning disabilities and those who support them. This can be found here.

‘Mate Crime: A Challenge for Providers’ is a good practice guide aimed at learning disability provider organisations, “Mate Crime: A Challenge for the Police, Safeguarding and Criminal Justice Agencies” is aimed at the police and other Criminal Justice agencies. They can be obtained here.
The Learning Disability Alliance Scotland has produced a “Respect Diary” which is a simple system for people with learning disabilities to keep a record of incidents that they are concerned about. Many people hesitate to record small incidents but they can lead on to many. This diary can record these and then be used as evidence to involve authorities in more action later on. This can be accessed here.

You can write to LDAS for a hard copy at Thorn House, 5 Rose Street, Edinburgh, EH2 2PR.

Inclusion Scotland have produced: Stopping the harassment of Disabled People: A toolkit for Disabled People’s organisations and organisations that support Disabled people. It includes information about

- disability harassment and hate crime;
- how to report disability harassment and hate crime;
- activities and campaigns designed to tackle harassment and hate crime.

It highlights the importance of working in partnership with disabled people to tackle the problem of disability harassment and hate crime at local level. That is because disabled people are experts by experience.

Inclusion Scotland worked with People First Scotland to produce an Easy Read version of the toolkit and a film. You can find the toolkit and the Easy Read version here.

Inclusion Scotland is keen to work in partnership with local organisations to tackle Disability Harassment and Hate Crime. For further information please email Sue Kelly: sue@inclusionscotland.org or telephone Sue at 0131 281 0866.
Other Booklets

▪ Keep Safe – A Guide to Personal Safety  The Home Office

▪ Disability Hate Crime – Reporting Book  The Home Office

▪ Don’t turn your back on abuse – Safeguarding adults easy Health.


▪ Keeping Safe on Line

▪ HFT National Speak Out Group

Wristbands

The Tackling Learning Disability Hate Crime Group produced 10,000 wristbands to raise awareness. They carried the message “Disability Hate Crime – See It, Report It – Call 101”. These were incredibly popular and were distributed quickly.

The Learning Disability Alliance Scotland has a small quantity left. Email office@ldascotland for availability and cost.
**DVD's and Video Clips**

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This has some ‘drama’ clips which can be used to raise awareness and discussion about different forms of hate crime and abuse.

**DVD's and Video Clips**

People First (Scotland) Film, “Recognising Hate” This second People First Hate Crime film was launched in June 2015. It is used within training sessions and presentations delivered by People First (Scotland) members and is available to watch on their website. People First (Scotland) members stress the DVD is most usefully delivered as training when part of a member led presentation package. It can be found [here](#).

I Am Me Scotland has developed a suite of resources with accompanying education films aimed at staff groups, Police, Local Authorities, Housing Associations, disability groups, high schools, and primary schools.

I Am Me Scotland have worked with partners to produce a hard hitting film based on a young adult with autism and a learning disability, and the issues he faces within society. A teaching pack to accompany the film is available at iammescotland.co.uk and the film is available to view for free on [Youtube](#).

A Primary School Resource with accompanying films is also available at iammescotland.co.uk.
All films are also available to view for free on the project’s [YouTube Channel](#).

No Place for Prejudice - In partnership with North Lanarkshire council, COPFS produced an anti-sectarian DVD “Them and us” and a Hate Crime DVD “Just a Laugh?” with associated teaching packs which are now available for secondary schools to access through our dedicated video [website](#). These have accompanying teaching notes which were developed into lessons that can be delivered nationally as part of the Curriculum for Excellence.

For the 2016 Conference on Prejudice, COPFS commissioned a Talking Heads video to raise awareness of the effects of hate crime on victims and their wider communities. This video will be incorporated into training programmes for COPFS staff and Police Scotland and is also available to organisations who seek to tackle hate crime. The video can be viewed [here](#).

**YouTube clips**

**Learning Disability Alliance Scotland** - shows a speech made by Sadie Main in Aberdeen on 29th Feb 2016 where she describes the bullying and harassment that she had to put up with and how she eventually managed to get it resolved.

**Learning Disability Hate Crime, Northumbria Police** - shows a man with learning difficulties moving into a new house, and then being taken advantage of and becoming the victim of hate crime from young people in the local area.
People in North Lanarkshire produced a DVD to be used for awareness raising. You can access the DVD produced by the North Lanarkshire Disability Hate Crime Project [here](#).

Three members of the group also contributed to the current national Police Scotland campaign on hate crime. You can see the video [here](#).

I Am Me Scotland’s YouTube Channel can be found [here](#).

- I Am Me Film
- Keep Safe
- P7 Film ‘**Lucky Break**’
- P6 Film ‘**Happiness Heroes**’
- P5 Film ‘**Judged**’
- P2 Short Film ‘**Andy’s First Day**’

Members of Quarriers Discovery Group worked with H-arts Junction to produce a [drama piece](#) about Hate Crime. The piece highlights three scenarios that members from the group had encountered. There is also a short poem ‘**Being Me**’. 
Websites

- Information on the I Am Me and Keep Safe Initiative
- Information about research into abuse carried out by people with learning difficulties.

http://www.em-esafetyproject.co.uk - This has a particular focus on Internet Safety issues.

http://www.easyhealth.org.uk - Lots of information about healthy living, and about keeping safe.

www.respond.org.uk - Information for people with learning difficulties, their relatives and professionals, who have been affected by trauma and abuse.

The SOLD Network – Supporting Offenders with a learning disability - aims to reduce offending and improve support for people with learning disabilities who offend. It has a website for people with learning disabilities, everyone working in the criminal justice system and the organisations and individuals who work to ensure that people with learning disabilities receive appropriate support. http://soldnetwork.org.uk/
Training resources and workshop material

Learning Disability Alliance Scotland

The organisation offers a training course for people with learning disabilities to recognize, record and report bullying and hate crime. The course is interactive and uses a number of resources contained in this document. It also uses local information to help people with learning disabilities know what to do in their local area. The course is free to LDAS member organisations and there is some limited availability to other groups.

I Am Me Scotland

The project has worked with partners to produce a hard hitting film based on a young adult with autism and a learning disability, and the issues he faces within society. A teaching pack to accompany the film is available on their website and the film is available to view for free on Youtube.

The pack has been designed to raise awareness of disability hate crime with young people, staff, carers, Police, and people with disabilities. The pack has been created to be flexible and training can be delivered either alongside the I Am Me Film or independently. Lessons have been designed to be used as required and do not all have to be utilised or be delivered in any order, e.g. certain groups may want to focus on the role of housing or the bystander effect.
A Primary School Resource on disability bullying and exclusion has also been developed and is available on their website or through GLOW. Individual lessons have been designed for each year group (p1-p7), and all accompanying films can be found on GLOW or on the project’s YouTube channel.

Contact: iammeproject@yahoo.co.uk

The Safety Net project, supported by ARC UK, has been raising awareness, producing resources and providing training on Mate Crime. The aim is to prevent the exploitation of people with learning disabilities by those claiming to be their friends. The project wants to help people with a learning disability, and their families and supporters, to identify who really is a Friend and who is a Fake.

A CD trainers Resource is available for £5.00 here.

For more information contact:
Rod Landman on 01237 441786 or rod.landman@arcuk.org.uk

Enable Scotland

ENABLE Scotland’s #bethechange school lesson plans and accompanying teaching notes take an early intervention approach to tackling hate crime. Developed with Strathclyde and Glasgow University they are intended to build knowledge and understanding of disability and learning disability among 11-14 year old S1 and S2 pupils in Scotland’s schools.
Encourage your local schools to use these with their pupils - visit enablethechange.org or email campaigns@enable.org.uk for more information.

Internet Safety

New Media Education Project
This project, funded by NHS Lothian, has developed training packages encouraging the safe and productive use of Social Media for young people with learning disabilities and carers, including support staff.

Contact:
Stuart Caulfield - Project Officer
Stuart.Caulfield@midlothian.gov.uk
Phone - 0131 270 5785
Visit this website and Click on “Log in as a Guest”
Easy read versions of these materials will also be available soon.

Quarriers

Quarriers Go4IT Service provides support and access for individuals with a disability to the benefits of technology, and the ever expanding online world that the majority of us rely on daily. The service promotes digital inclusion by removing barriers and providing training, assessment and access to equipment with support. There are a range of basic digital skills courses which are available to the public at no charge, and can be requested via email. For direct one to one training or classes with a facilitator, this is free to Quarriers supported individuals, and provided at a competitive cost to those seeking support externally. As Quarriers is not for profit, these costs are reinvested in the Go4IT service, and used to provide free classes for everyone within Scotland.
There is a pack called DigiKnow, introduction to technology, which has an internet safety section. Its two years old now and likely in need of an update, but it can be supplied free of charge. The file is 14mb, which is too large to send through email. It could be sent on request via dropbox or google drive.

**Local Activity and projects**

**I Am Me – Keep Safe**

I Am Me is a community charity that works in partnership with Police Scotland to raise awareness of and tackle disability hate crime.

I Am Me works with communities to raise awareness of what disability hate crime is and how incidents can affect individuals and the wider community. The project has worked with partners to produce a hard hitting film based on a young adult with autism and a learning disability, and the issues he faces within society. A teaching pack is available on their website and the film is available to view for free here: [I Am Me](#).

Keep Safe
Keep Safe works in partnership with Police Scotland and a network of local businesses to create ‘Keep Safe’ places for disabled, vulnerable, and elderly people when out and about in the community. People can access these premises to seek assistance and help if they feel lost, confused, scared, in danger, or have been the victim of a crime. The Keep Safe initiative is a national initiative, and is being rolled out across Scotland in partnership with other Local Authorities.
CineBus
The project was recently donated a bus from StageCoach and acquired funding through the Keys to Life to develop the bus into a mobile cinema. The bus will be available for use with schools to showcase the I Am Me education films, disability groups, and to promote the Keep Safe initiative within other local authorities.

For more information, please contact:
iammeproject@yahoo.co.uk

People First Scotland

People First (Scotland) have worked with National and local Police Scotland colleagues to deliver Learning Disability awareness training around incidents and crimes motivated by Hate.

People First have delivered workshops at two National Crown Office and Police Scotland Hate Crime Conferences. They have delivered a 6 week training course for all call handlers at the Bilston, East of Scotland police call centre.

People First have worked to deliver awareness sessions to school pupils, to local colleges, to primary school teachers, support providers, Learning Disability nurses, Local Area Coordinators, senior local authority managers, bus operators, social workers, adult protection committees and Cross Party Groups within the Scottish Parliament.
People First has developed a set of photographic images which illustrate interaction between Police Scotland and people with a Learning Disability for use in Easy Read documents.

People First also work on the Supporting Offenders with Learning Disability (SOLD) network.

Contact: Keith Lynch, Hate Crime lead, (supported by Rhona Neill National Development Worker)

Website: www.peoplefirstscotland.org

Cornerstone
Worked with Strathclyde Police to produce a leaflet “Meeting a Learning Disabled Person’ and a training pack designed to help people have a greater understanding of the issues facing and communication with people with learning disabilities. Have designed and delivered training for police cadets to increase their understanding of people with learning disabilities.
Contact: Jennifer Scott, jennifer.scott@cornerstone.org.uk.

SCLD Hate Crime Project
A suite of on-line resources are now available [here](#). The resources were developed as part of Phase 2 of the Disability Hate Crime Project. Working with partners across councils and a range of service providers, material for a Hate Crime Drama performance was developed in conjunction with Centrestage, a theatre company in Kilmarnock who work with over 150 adults with a learning disability. The aim of the project was to deliver a series of awareness raising events. People with a learning disability observed and discussed the drama
performances and then made suggestions about how the outcomes for victims can be changed.

The material available includes: Facilitators’ resources; Full, Easy read and Audio versions of Scripts. Community groups and organisations working with people with a learning disability can use the material to deliver a hate crime drama performance on a local basis to raise awareness.

**ARC Scotland – in partnership with other agencies.**

Dumfries and Galloway
Have delivered 5 workshops to raise awareness about Disability Hate Crime, run by an umbrella group called Powerful Voices Together in partnership with Police Scotland. The workshops reached over 100 people with learning difficulties and support staff, and helped to raise awareness of how to report Disability Hate Crime and Third Party reporting centres.

Have worked in partnership with Police Scotland and others to establish a Keep Safe scheme in Dumfries. The aim now is to spread this out across other areas in the Region.

Has produced a leaflet in how to protect yourself from SCAMS with the GIG (Getting Involved Group).

Scottish Borders
Have launched the Keep Safe scheme in two towns already - Kelso and Galashiels. Now plan to spread to more towns over the next 12 months. Hawick and Duns are next.
Are running 2 workshops on How to Stay Safe at home and in the community for self advocates in the Borders. For more info Sylvia Crick: Sylvia.crick@arcuk.org.uk

Website: http://arcuk.org.uk/scotland/

ENABLE Scotland - Challenging attitudes: #bethechange

One way to tackle disability related harassment is to challenge the negative attitudes which lead to it. ENABLE Scotland’s #bethechange campaign challenges people to reflect on their own attitudes and behaviours towards people who have learning disabilities and make a positive declaration to #bethechange and not use or put up with offensive language about people who have learning disabilities.

To find out more visit - www.enablethechange.org

You can use some of the #bethechange resources to run a campaign in your area.

There is no excuse: Let’s stop learning disability hate crime